

# SUBODH NEWSLETTER

October |2015

## From the Principal's Desk



Subodh College, an institute with a mission to establish global competence among students, is an academic abode where dreams fly high and are transformed into

reality. We dreamt of autonomy and attained the same with distinctive success, which has further helped us in drawing a concrete roadmap for the future growth and development of learning atmosphere in the college. With the commitment to provide ethical and value based education to the students, the college is not only promoting the spirit of leadership, integrity and deep sense of social justice in the mind of students but also fostering an environment conducive to all round development of the students. The faculty of college is also helping the intellectual and imaginative minds to achieve their goals.

Realising the need for a platform to encourage articulation of one's creative as well as scholastic expressions, we are bringing out "Subodh Newsletter", which would further help in empowering the young minds that believe in not only thinking innovatively but also sharing those thoughts. We hope that the initiative would further benefit all by offering an opportunity to grow and learn.

My good wishes to the team members and all the contributors for the success of their efforts!

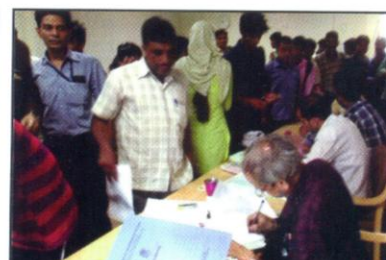
## Session 2015-16 commences with zest



Subodh became an autonomous college in 2013 and the autonomy attained reflects efforts for excellence in academic performance and capacity of self governance in academics for quality education. The students of the college have accepted the merits of the Autonomy pattern and are enjoying this academic freedom.

More so can be observed on the basis of overwhelming response of the students and guardians towards admissions in Subodh. This is self evident from the cut off percentage in the various streams.

The admission procedure started well in time and all seats were filled in respective streams at high cut off percentages. The students had the utmost zeal to get admitted to the college and be a part of this creative and innovative ambience. From the first week of June itself one could see the campus bubbling with young aspirants striving to get admitted and get their names reflected in the very first merit list. The cut off percentage in various streams was as follows: B.Sc.(Maths)79%, B.Sc(Bio)75%, B.Com73%, B.A.65%, B.B.A.66%, B.C.A.70%, M.Sc.(Phy.) 80.4%, M.Sc.(Chem.)78.5%, M.Sc.(Maths)80.11%.





## Editorial

When life starts a new chapter, it is full of pages unsung and unwritten and the responsibility lies with the writer to add colors to it or leave it blank. Subodh Newsletter is that minor yet significant chapter of S.S Jain Subodh P.G (Autonomous) College which would redefine this educational institution by initiating a forum featuring colorful facts about the college and the essence of academic life for students and staff members. Incidentally, the launch of maiden issue coincides with the commencement of new session and thus shares the enthusiasm and exuberance of the staff and students that such an event entails. The timing of its launch also offers us an opportunity to extend a warm welcome to all our new students and the staff members and to wish them a successful and rich path of learning and career. The joy that we feel at the expansion of Subodh family is beyond words and we look forward to greater opportunities for learning and growth through mutual sharing of knowledge and wisdom that each new member would bring to the fraternity.

Being the first issue, we have tried to make it not only comprehensive in content but also rich in purpose. Besides featuring the highlights of the campus, this newsletter will also feature the achievements of students and faculty in various fields as well as the departmental initiatives.

We are highly grateful to our team for their relentless efforts in compilation of articles and news and also to our contributors for showing immense enthusiasm and for making the newsletter rich and more purposeful. Wishing you all a happy reading!!!!

## Editorial Board

### Editor-in-Chief

Dr. Divya Walia

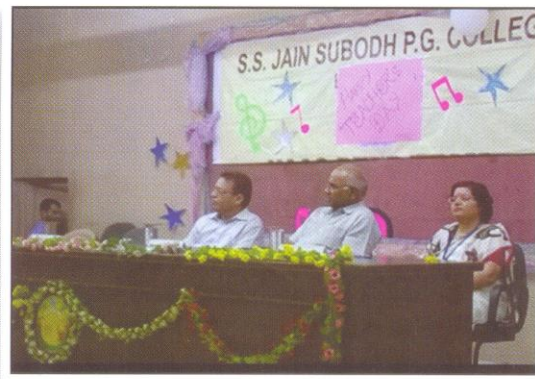
### Executive Editors

Dr. Rashmy Nair

Dr. Leena Bhatia

## Campus Buzz

Teacher student relationship got redefined on the occasion of teacher's day celebration at Subodh when students from the various departments put up a cultural extravaganza for the faculty members and articulated their feelings of gratitude and respect through words and gestures for their mentors entrusted with the responsibility of shaping their personality and future.



B.Com Teacher's Day Celebration



M.Sc Chemistry Fresher's Day

Even a small sapling if looked after properly repays by offering shade as well as solace during hot and windy days. So are the young minds that can be nurtured with ethics and moral values for them to serve the society in a better manner. With this objective, a plantation programme was organized by the

EAFM department. The students participated with enthusiasm to also generate awareness about the importance of nature for the balance in ecosystem.

Besides the textbooks, effective learning can be acquired through the application of one's skill in the form of practical exercises and assignments. The learning that takes place outside the classroom is marked by enhanced retention and better comprehension. *Spellathon*, the spelling competition was thus



Plantation Programme



## Achiever's Bay

On behalf of S.S Jain Subodh P. G. College we congratulate the following for their distinctive achievements and proudly celebrate their milestones of success

### Award of PhD

Dr. Manisha Mathur, Department of Chemistry

Dr. Namita Singh, Department of English

Dr. Ritesh Jain, Department of Political Science

Dr. Shaffali Jain, Department of Political Science

### Completion of Minor Projects

Dr. Bharat Pareek, Department of BBA

Dr. Shaffali Jain, Department of Political Science

Dr. Shipra Pareek, Department of Sanskrit

### Grant of Minor Projects

Dr. Namita Singh, Department of English

Dr. Rita Jain, Department of ABST

Dr. Shailja Bhatt, Department of Hindi

Dr. Surendra Pratap Kothari, Department of ABST

Dr. Tapasya Julka Malhotra, Department of BBA

### Awards and Honours

Dr. N.K Purohit (Department of EAFM) - Honoured with 'Vivekanand Gaurav Samman-2015' by Sh. Manish Bhandari, High Court Justice and Prof. Vinod Shastri, Vice Chancellor, Sanskrit University for his achievements in the field of higher education

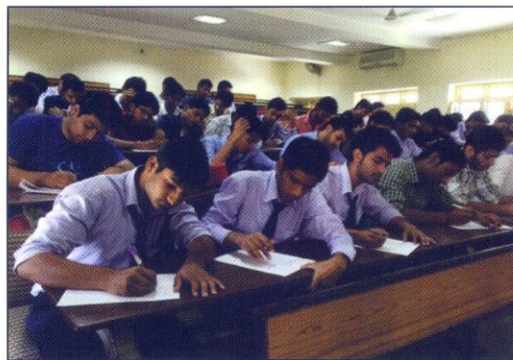
Dr. Shaffali Jain (Department of Political Science)- Felicitated with memento and a cash award of Rs. 11,000 by 'Akhil Bhartiya Shri Jain Ratan Hiteshi Shravak Sangh' for her doctoral thesis titled Ahimsa Darshan: Mahatma Gandhi ke Ekadash Vrat evam Anuvrat Aandolan ke Sandarbh mein

### Success in Competitive Exams

Madhulika Sankritya, (Department of History)- Cleared RAS/RTS Exam 2012, scoring 60th rank in female general category

Ms. Priyanka, (Department of Zoology) - Cleared RAS/ RTS exam 2012 and qualified for the Allied Services.

## Campus Buzz

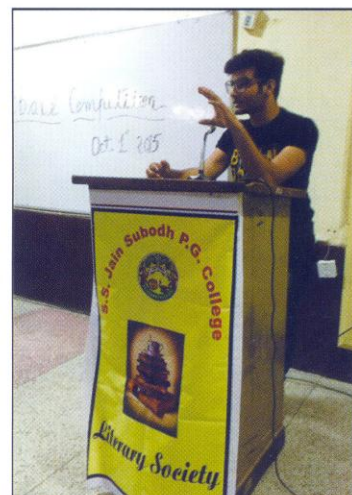


In Spellathon, Shivani Gupta of B.Sc. Semester I stood first and Abal Thapa of B.A Semester III won the second position

organized by the literary society to make students practice and focus on spelling of words besides their meaning so as to enrich their writing skills and a group discussion activity was organized by the EAFM students for the commerce graduates in which more than 25

participants presented their views on various topics.

In order to build up confidence while speaking in public and to make students learn the intricacies of oratory, the Literary Society also organized a debate competition on the topic 'Reality Television does more Harm than Good'. The competition was judged by Dr. Rashmy Nair, Department of Chemistry and Dr. Supriathy Paliwal, Department of Psychology. Mandeep Singh of B. Com Semester V, Prakhar Singh Pundir of BCA Semester I and Mohit Kumar of B.A Semester III were declared as the winners.



Debate Competition

The respect towards nation and the national leaders can be best inculcated by way of reiterating their teachings and contributions for the academic benefit as well as the moral enrichment of the youth of today. With this objective a guest lecture of Prof. K. L. Kamal, former Vice Chancellor, Rajasthan University was organized by the Department of Political Science and NSS unit of the college as a mark of respect and gratitude towards the 'Father of the Nation', Mahatma Gandhi on the occasion of Gandhi Jayanti.



Guest Lecture by Prof. K. L. Kamal



## Speak your 'Self'

Dr. Supriy Paliwal  
Department of Psychology

What adolescents look forward to eagerly, is joining college. College can be an overwhelming place. With many expectations in heart and dreams in eyes, the teens entering the adult world for the first time are unaware of what is ahead of them. The youth today is under much stress to prove their worth in the world full of competition and challenges. Neither do they want to fail in their pursuits nor do they want to shatter the expectations of the family. This makes youth particularly vulnerable to depression and anxiety.

Having to bridge the gap between childhood and adulthood is pressurizing the youth a lot. Pressure to make real-world decisions such as choosing amongst education or work options and direction to be taken in their life are some of the top rated concerns that are affecting the psychological wellness of the young minds. However, living a mentally, physically and socially healthy life can be learned. Positive thinking will help youth feel good and function well by enhancing their concentration power and creative and holistic thinking. Besides, youth can also get over distress and feel happy by following the simple steps –

- ◆ Creating positive emotions
- ◆ Feeling optimistic
- ◆ Developing one's emotional strength
- ◆ Relaxing and meditating
- ◆ Seeking Motivation
- ◆ Believing in oneself
- ◆ Engaging in physical activities like exercise, yoga etc.

The students who wish to seek any psychological counseling or advice can mail at [editors.subodh@gmail.com](mailto:editors.subodh@gmail.com). Their queries would be answered through this column in the next issue.

## कलाम

S.K. Swami  
B.A Semester V

इस दुनियाँ से वह टूटकर स्वर्ग का तारा बन गये।  
युवाओं के आदर्श और हर बच्चे को प्यारा बन गये।।  
कितनों को सपना दे गये और कितनों को जगाया है।  
हर वह व्यक्ति जो हमें प्रेरित करे उसमें 'कलाम'  
को पाया है।।

मेरे इस भारत को अनमोल उपहार दे गये।  
हमारी दुआएँ और भारत माँ का आशीर्वाद ले गये।।  
हम पर न जाने कितने उपकार कर गये।  
हर युवा के सपनों में "उडान" भर गये।।  
अन्तिम समय तक लोगों को जगाने का प्रयास किया।  
अपने लक्ष्य के लिए मेहनत और समर्पण कर सदेश  
दिया।।

इस दुनियाँ में फिर वह दूसरा जन्म लेकर आयेगा।  
हर बच्चे की बनने की ख्वाहिश में नाम 'कलाम'  
आयेगा।।

उस मसीहा को आज मेरे हजारों सलाम।  
सदियों हमारे दिलों में अमर रहेंगे 'कलाम'।।

## Morphism

Abhishek Tiwari  
B.A. Semester I

Hollow the glass as a whole,  
Restraining two ice-cube merely two  
soul.

Two ice-cube-two-soul timely melt,  
By the warmth which 'e' felt.  
'E' gradually integrated into one,  
Ad interim was shining the Sun.  
'E' gotta sustain 'e's form-  
Propheying was Air upcoming storm.  
Showed the Sun its wicked-most face,  
Commenced the Sun vaporizing  
surface.

Hardly was the time to bear,  
Brooding, drooping and shedding tear.  
But thou art in now other stage,  
Opens the life an untried phase-  
Mingles the vapor in Air,  
Thou art free from Snare.  
Departure the cares from thee-  
Abode 'e' in thou and me.

## माँ

Dr. Shalini Shrivastav  
Department of Hindi

ये उसकी दुआओं का असर है कि मैं जिन्दा हूँ  
जमाने ने तो कर दिया था दर-बदर मुझे  
रात भर जागती थी वो मेरे सोने के लिए  
एक माँ थी जिसने मुझे जिन्दगी बख्श दी  
जब भी उठे हाथ उसके दुआओं के लिए  
शिद्दत से मेरी सलामती की अर्जी पेश की  
झुका जब भी माथा उसका किसी चौखट पर  
दिल से मेरी बेगुनाही की बात की  
खुद को भिगों कर तमाम अशकों से  
मेरी परवरिश की फूलों की तरह  
एक माँ थी जिसके चेहरे पर कभी शिकन न आई  
देकर अपनी जिन्दगी का सुकून-औ-चैन  
हर वक्त मेरी तरक्की की दुआएँ की  
एक माँ थी जिसने कभी न शिकायत की  
जब भी ये बेदर्द जमाना तलख हुआ मुझ पर  
अपने आँचल से मुझ पर बरकतों की बारिश की  
जमाने के शह-औ-मात के खेल में  
एक माँ थी जो मेरे साथ ढाल बनकर खड़ी रही  
हार न जाऊँ कहीं दुनियाँ के दाँव पेच से मैं  
ये सोचकर, एक माँ थी, जो रातों को सिसकती रही  
न जमाने से कोई गिला, न रंज, न रंजिश, न  
शिकायतें  
एक माँ थी, वो, जिसके होठों पर हमेशा दुआएँ रही।

## I am the New Girl

Anushka Roy  
B.B.A. Semester I

I can never forget this day  
My first day at college  
I was happy as well as nervous,  
Experiencing the place and meeting  
new faces,  
I am tired of always being the new  
girl,

I hate how people label me  
Before they get to know the real me  
I have lost many friends in the past  
I am so afraid to make new ones  
Because I never know, when I might  
move again,  
And then I will be left with the pain,  
Of losing all my friends all over again,  
College to me is cheerful,  
Business, Eco and Law are fearful  
As I stepped into my class  
I thought I was the greatest fool  
I try to make a new start,  
Despite the stares, with a brave  
heart,

I am the new Girl,  
Who doesn't belong  
I wish I could go back  
To where I belong  
But where is that  
I don't know anymore,  
May be here  
Or another shore.



## Students' Gallery of Fame

Kabaddi team of Subodh College- Won the intercollegiate tournament 2015



Kabaddi team of Subodh College

Suraj Gurjar of B.A Semester V - Participated as one of the team players in the Pink Panther Kabaddi team, owned by Mr. Abhishek Bachchan.



Suraj Gurjar (B.A Semester V) of Pink Panther Team with Abhishek Bachchan

## Digital India

Kapil Bhatia  
B.Com Semester V

In July 2015, India's Prime Minister Narendra Modi launched an initiative called "DIGITAL INDIA" with the objective to integrate all departments of government with the People of India. This initiative basically aims at electronically providing government services to the citizens with the purpose of reducing paperwork. Some important initiatives taken under Digital India campaign are:

**DIGITAL LOCKER:** Through this initiative, all our important documents like PAN Card, Driving License etc and Certificates like Birth, Death, Residence, Marriage proof etc will be digitized. This will eliminate the need to carry the hard copies of these Important Documents and Certificates.

**TWITTER SAMVAD:** This initiative will enable citizens to know more about government programs and actions & will help people to communicate with leaders and government agencies through Tweets and SMS.

**E-MONEY :** Department of Posts (DoP) plans to provide Electronic Money Order Service in 70% of the total Post Offices in India.

S.S. Jain Subodh P.G. (Autonomous) College

## Holistic Education-A Road to Success

Dr. Surendra P Kothari  
Department of ABST

Education is so far the most remarkable invention by human beings. It has developed the power of understanding and analyzing in an abridged and organized manner.

In present times, education base has widened to a humongous extent but there is a growing gap between our existing educational system and the contemporary human experience. Existing education system focuses more on scoring good grades rather than on an all round development of students which includes emphasis on art, sports, music etc. Corporates always give this feedback to our existing colleges that their students are not well equipped with the practical skills desired by them but are mainly equipped with technical ones.

According to a study, students who practice music fifty minutes a day outperform their counterparts on math tests. So there is a need for restructuring in the current pedagogy which incidentally has limited itself to attaining success in competitive exams which helps in achieving high profile jobs but not outperforming on these jobs. Parents and mentors of today's students also play an important role in promoting students towards all rounded development and not just vocational education.

We need to adopt the best practices from west and train our young minds in such a way that they are not only technically strong but also have strong analytical and good communication skills. We see a large global corporate run by Indian nationalists. Satya Nadella, CEO of Microsoft, Anshu Jain, Co-CEO of Deutsche Bank, Sundar Pichai, CEO of Google and many more have studied from India and heading leading organizations now.

This clearly proves that there isn't a dearth of talented people in India but right well rounded education is missing for most of our bright young minds. Students need to be encouraged and instructed towards active search for real knowledge, undergo complex learning activities which would reflect their personal learning and accountability for it.

With the implementation of holistic curriculum in our current education system, the campaign started by our visionary and desirable Prime Minister Mr. Narendra Modi "Start up Smart India" can be successfully achieved.

Maximum of Rs. 5000 can be sent through this service and the money will be remitted next day, which earlier took about a week.

**PRAGATI:** This Electronic Platform for Public Grievances Redressal basically aims at monitoring and reviewing the Programs, Project and initiatives taken by government of India to make governance more efficient and responsive.

The basic objective behind this initiative is to create Digital Infrastructure, by providing Electronic Service to every citizen through the use of Information Technology. E-Commerce would play an integral role in facilitating this project. For the success of this initiative, Bharat Broadband Network Ltd. (BBNL) had ordered United Telecoms Ltd to provide GPON (FTTH based broadband) in 250,000 villages. Till now, around 90,000 kms of optical fiber network has been laid down, which covers about 68,000 village panchayats. The vision behind this initiative is to transform India into an Innovative Digital Economy and a society which is digitally empowered.



## Paper Boat Memories

Prerna Choudhary  
BBA Semester III

Running down the memory lane  
The view of hopping squirrels through the van  
Amidst the chirruping birds you hear  
Neat and tidy uniform you wear  
Rushing like wind to the gate  
Comes gushing to mind twelve's prayer  
Climbing way up the stairs  
Wandering floors up and down  
Just to realize class is found  
Entering classes at late hours  
Sitting back & eating chocolate Bars  
All BFF's smirking at each other  
Asking for "Pencil and rubber"  
Teachers make us concentrate  
We try to penetrate  
Giggling groups in library being scolded  
And that made us trolled  
The jokes cracked in canteen  
Gulping "Dabeli & Ghugra's  
after LOL's & ROFL's plenty  
Comes finally a day when you find  
The lovely years just stay in mind  
Flutters of wings to the higher Sky  
Never again coming back made us cry!!

## Virtue & Vice

Anupam Sharma  
B.Sc. Semester I

Virtue and that of vice  
Played a game of fate on die.  
Vice was passionate and big in size  
Virtue was clean and away from cries  
Oh Jove! He won half the game  
Begile, pride, vanity, joined his name  
What next was left to come  
Virtue was but, standing firm.  
Majority paved way to her side  
Only few with virtue reside  
All the follies for a moment he hide  
But was nothing left with him to decide.  
As virtue won the later part.  
This is the point from where he starts,  
Virtue won respect and heart.  
As vice was on the point of retard.  
For virtue was clear the view  
Enjoying the life of different hues.  
Skull of vice then vanished away  
It was virtue that slowly tread the way.

## Female-Foeticide—save the Girl Child

Dr Kapil Kumar Anand  
Department of Political Science

The other day, I read in the newspaper about a three month old female –foetus thrown into the garbage –bin, being mauled by dogs. It shook me to the core and made me ponder on the reasons for such a horrific step. Over three crore unborn girls have been killed in India since independence. The practice of female foeticide which is illegal in our country is still widespread. Haryana, Punjab, Rajasthan, Maharashtra have a highly unbalanced sex ratio. Since 1991, more than 80% districts in India have shown a decreasing sex ratio .It is shocking to note that the illegal foetal sex-determination and selective abortion has developed and flourished into a 1000 crore industry in India.

It is ironical that female foeticide is prevalent in a country where we worship various forms of goddesses and also little girls on kanya puja in navratras .In rural areas, people resort to female infanticide which means killing the girl child after birth. This is done by choking or strangulating or poisoning the infant or throwing it in the garbage. What is shocking is that often the mother and other female members of the family are active participants either willingly or under duress.

Due to this disproportionate sex-ratio, girls are vulnerable to exploitation and violence. The government has banned pre-natal sex-determination by enacting laws .The famous actor ,Aamir Khan in his show Satyamev Jayate met the then Rajasthan Chief Minister Sh. Ashok Gehlot to push for fast-track courts for female foeticide cases.

A case in example is Sirohi district of Rajasthan, where villagers of about 38 villages have decided to plant a sapling whenever a girl child is born. This district has restored both gender and green balance by planting trees to mark the birth of a girl child .This effort will balance the skewed gender ratio of Sirohi district which according to the 2011 census was 830, one of the lowest in the country. This initiative was intended to stem female foeticide that ran deep in the region.

*Beti-Zindabad* is the title of a nation wide campaign on saving the girl child launched by Action-Aid India .Since Oct 11, 2013, the International Day of the girl child, the organization has held seminars, events, workshops, and *nukkad naataks* across 16 states of India. The aim is to educate the general public about the importance of a balanced sex ratio and the disastrous consequences of female foeticide and infanticide

We, as responsible and educated citizens have to contribute our bit to improving the status of female child in our country .We can begin by educating our domestic help, servants, and drivers about the horrendous consequences of this practice.

**SAVE THE GIRL CHILD FOR A BETTER TOMORROW.**



## भारतीय नारी : कल और आज

Dr Vishal Gauttam  
Department of ABST

किसी भी समाज में नारी की स्थिति उस समाज का आईना होती है किसी भी समाज को समझने के लिए मुख्य रूप से उस समाज में नारी की आर्थिक, सामाजिक और पारिवारिक स्थिति को देखना होता है। नारी की सुदृढ़ व सम्मानजनक स्थिति एक उन्नत, समृद्ध तथा मजबूत समाज की द्योतक होती है। भारत जैसे देश में तो पौराणिक काल से ही प्राचीन धर्म ग्रन्थों में "यत्र नार्यस्तु पूज्यते रमन्ते तत्र देवता" सूत्र वाक्य द्वारा इसे स्पष्ट किया गया है भारत में नारी को सीता, लक्ष्मी, दुर्गा, पार्वती के रूप में देवतुल्य बताया गया है।

यदि हम वर्तमान समय पर भी नजर डालें तो देश की विभिन्न आर्थिक गतिविधियों जैसे शिक्षा, स्वास्थ्य, आर्किटेक्चर, सुरक्षा सेवाओं, इंजिनियरिंग जैसे अनेकानेक पुरुष प्रधान क्षेत्रों में महिलाओं की सहभागिता में अप्रत्याशित वृद्धि परिलक्षित हो रही प्राचीन समय (हड़प्पा संस्कृति) से ही नारी की पूजा होती थी। अर्द्धनारीश्वर की कल्पना भी इसी तथ्य का प्रतीक मानी जाती है कि नारी तथा पुरुष एक समान हैं। उत्तरवैदिक काल के आते-आते नारी की स्थिति दयनीय होने लगी। मध्यकाल भारत में तो नारी की स्थिति बद से बदतर हो गई थी। महाभारत काल में तो धृतराष्ट्र के दौरान धर्मराज युधिष्ठिर ने स्वयं को हारने के पश्चात् भी द्रौपदी को भी दांव पर लगा दिया और हार गये जिस कारण द्रौपदी को चीरहरण की वेदना से गुजरना पड़ा। भारत में मुगल शासन के साथ ही भारतीय नारी के जीवन की करुण गाथा का इतिहास प्रारम्भ हुआ।

नारी प्रथा के कारण नारियों का घर की चारदीवारी में कैद होना पड़ा, समय के साथ अपने सतीत्व की रक्षा करने के लिए उन्होंने जौहर का सहारा लिया, और धीरे-धीरे नारियां पुरुषों पर आश्रित होती चली गयी, विदेशी आक्रमणकारियों से नारियां स्वयं की रक्षा नहीं कर पाती थी, इस कारण उन्हें अबला कहा जाने लगा।

भारत में अंग्रेजों के आगमन के साथ नारियों की स्थिति में काफी बदलाव आना शुरू हुआ। अंग्रेजों की आधुनिक विचारधारा और उनका नारियों के प्रति पारस्परिक दृष्टिकोण से नारियों की स्थिति में काफी बदलाव हुआ।

बंगाल में राजा राम मोहन राय ने स्त्रियों को अभिशाप मुक्त कराने के लिए आंदोलन प्रारम्भ किया, इन्हीं के प्रयासों द्वारा 1829 में सती प्रथा, कन्या वध आदि क्रूर प्रथाओं को गैर कानूनी घोषित करने हेतु अधिनियम बनाया गया। संविधान में भी महिलाओं और पुरुषों को एक समान दर्जा देते हुए लैंगिक विभेद का समाप्त किया गया। इसी का प्रभाव था कि सरोजनी नायडू स्वतंत्र भारत की पहली महिला राज्यपाल बनी, और सूचेता कुपलानी देश की पहली मुख्यमंत्री। श्रीमति इंदिरा गांधी ने भी कांग्रेस की अध्यक्ष बन कर लम्बे समय तक प्रधानमंत्री बनकर कर्तव्यों का निर्वाह किया।

इन सभी प्रयासों का परिणाम है कि वर्तमान में शिक्षा, विज्ञान, खेल तथा सेना के क्षेत्र में भी महिलाओं ने अपनी उत्तरोत्तर वृद्धि दर्ज करायी है। जिसमें यह लगता है कि पूर्व प्रधानमंत्री जवाहर लाल नेहरू का कथन आज भी प्रासंगिक है कि- "जब महिलाएं आगे बढ़ती हैं तो परिवार आगे बढ़ता है, समाज आगे बढ़ता है और राष्ट्र भी अग्रसर होता है"।

अंत में हम यह ही कहना चाहते हैं कि किसी भी राष्ट्र की परम्परा और संस्कृति उस राष्ट्र की महिलाओं से परिलक्षित होती है। महिलाएं समाज की रचनात्मक शक्ति होती हैं। आने वाले कल को सुधारने के लिए हमें रूढ़िवादी दृष्टिकोण से उबर कर एक नया विकासकारी दृष्टिकोण अपनाना होगा। वर्तमान में महिलायें को चाहिए कि वे अपने अंदर की नैतिक शक्ति की रक्षा करें और उसे बढ़ाएं, उस शुद्ध और अनमोल उपहार को संभालें जो वे अपने साथ दुनिया में लायी थीं।

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## Live and Let Live

When my first born was diagnosed with a neurological disorder at the age of four months, I was devastated. Why me?" - was the first question that came to my mind. I had never wronged anybody in my life, had never spoken a harsh word to anyone knowingly, had never hurt anyone by word or deed ,Why was I being made to undergo this?

After the initial disbelief and later reluctant acceptance, began the innumerable trips to PGI, Chandigarh to one of the topmost neurologists in India. She made it very clear in the beginning that only one child in a million, with this disorder would turn out to be normal.

When you go through this kind of turmoil in your life, it either makes you or breaks you. I had always believed in the Almighty but this episode reinforced my faith in Him. There was not a shrine or place of worship in the vicinity that I did not visit make "mannats" and beg for forgiveness for deeds done or not done. My sole aim at that time was to see my son sail through this problem.

Then began the unending scans, painful tests and steroid treatment to suppress the problem. As a first time mother it would tear my heart to see him go through all that pain. He had to be injected twice a day with steroids which lead to abnormal weight gain-he developed a huge appetite. His weight was almost three times the weight of kids of his age. He looked like an obese child overfed by a doting mother. Fortunately, such effects were only temporary and would eventually mitigate and subside once the steroids were

stopped. But I would be perpetually fretting, what if the treatment didn't work? What if he didn't lose the extra kilos? What if his milestones were delayed? And so on. I surfed the internet for hours to get an update on the problem and its treatment. My husband, sister, parents and in-laws stood rock solid beside me. Without their support, I don't think I could have made it through.

During my regular visits to the PGI for the follow up after the initial treatment, I met children with various neurological disorders. I was humbled. My heart would come to my mouth on seeing the suffering of the children and their parents. At times, the interns would be so crass and rude to them.

After a year s treatment, by God's grace, my son was completely cured. During this period all other problems and issues like servant problems, mother in law problems and other irritants became non-existent. My son was my only focus at that point of time. I realized that we tend to make issues out of non-existent ones wasting our positive energies on negative matters.

During a short stint in Indonesia, I learnt the art of living from the local people who remain cheerful most of the time because they utilize their energy to enrich their lives and do not interfere in others lives. Live and let live -is what I learnt from them and what I try to imbibe in my daily routine. As Chetan Bhagat says-"Be so busy improving yourself that you have no time to criticize others."



## निरन्तर बढ़ती अपनी हिन्दी

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भारत विविधताओं वाला देश है, जहाँ खान-पान, रहन-सहन, भाषा-बोली और रीति-रिवाजों में विविधता देखने को मिलती है। इसे इस देश की विशेषता ही माना जायेगा कि इतनी विविधता (भिन्नताओं) के बावजूद पूरा देश एक माला में परोया नजर आता है। इसका श्रेय हमारी भाषा को है, बोली को है, सम्पर्क भाषा को है। यह भाषा है हिन्दी। भाषा आपस में विचार-विनिमय का साधन है। हिन्दी एक जीवंत और प्रगतिशील भाषा है। यह अब न केवल भारत वर्ष की ही सम्पर्क भाषा है, वरन् वैचारिक आदान-प्रदान की भूमण्डलीय भाषा है। हिन्दी में संयुक्त राष्ट्र संघ की आधिकारिक भाषा बनने की पूरी योग्यता है। वर्ष 2011 की जनगणना के मुताबिक भारत की 1.2 अरब आबादी में से 41.03 फीसदी की मातृभाषा हिन्दी है। हिन्दी को दूसरी भाषा के तौर पर इस्तेमाल करने वाले अन्य भारतीयों को मिला लिया जाये तो देश के लगभग 75 प्रतिशत लोग हिन्दी बोल सकते हैं। भारत के इन 75 प्रतिशत हिन्दी भाषियों सहित पूरी दुनिया में तकरीबन 80 करोड़ लोग ऐसे हैं जो इसे बोल या समझ सकते हैं। यह हम सभी के लिए प्रसन्नता की, गर्व की बात है।

हमारी भाषा हिन्दी को नेपाल, फिजी, मॉरीशस, सूरीनाम, युगांडा दक्षिण अफ्रीका, कैरिबियन देशों, ट्रिनिडाड एवं टोबैगो व कनाडा आदि में बोलने वालों की अछिरी संख्या है। इंग्लैण्ड, अमरीका, मध्य एशिया में भी इसे बोलने व समझने वाले हैं। इसे देखते हुये ही हिन्दी को संयुक्त राष्ट्र संघ की आधिकारिक भाषा बनाने के लिए सरकार की ओर से प्रयास किये जा रहे हैं। यूनेस्को की सात भाषाओं में हिन्दी भाषा पहले से ही शामिल है। विश्व के 150 विश्वविद्यालयों में हिन्दी पढ़ी व पढ़ाई जा रही है।

जहाँ तक हिन्दी में भविष्य (करियर) बनाने की बात है तो इसमें पर्याप्त अवसर है, उपयोगिता है। कक्षा एक से स्नातक प्रथम वर्ष तक हिन्दी अनिवार्य विषय के रूप में पढ़ाई जा रही है। टी.वी. के अनेक हिन्दी चैनल हैं, न्यूज चैनल हैं, हिन्दी फिल्मों के क्षेत्र में, समाचार-पत्र-पत्रिकाओं के क्षेत्र में, बैंकिंग के क्षेत्र में, व्यापार-वाणिज्य के क्षेत्र में, खेलों में कॉमेंटरेटर के रूप में, विद्यार्थियों, युवाओं के लिए रोजगार प्राप्त करने के इसमें असंख्य अवसर हैं। इसके लिए हमें हिन्दी भाषा के व्याकरण के साथ शुद्ध लेखन, पठन-पाठन, हिन्दी साहित्य के इतिहास व साहित्यशास्त्र में दक्षता की आवश्यकता है। आज आवश्यकता अच्छे सम्पादक, प्रूफ रीडर, अनुवादक, संवाददाता, डाक्यूमेन्ट्री लेखक, पटकथा लेखक, संवाद लेखक, गीतकार की है।

अतः हिन्दी के अध्येताओं का भविष्य उज्ज्वल है, उसमें रोजगार के असंख्य अवसर हैं, संभावनाएँ हैं। पर जरूरत उसमें दक्षता की, कुशलता प्राप्त करने की है। अगर भाषा पर हमारा अधिकार है, पकड़ है, और हमें जितनी अधिक भाषायें आती हैं, हमारे लिये रोजगार प्राप्त करने के उतने ही ज्यादा अवसर हैं। अतः हमें चाहे एक ही भाषा का ज्ञान हो, पर वह सम्पूर्ण एवं स्पष्ट होना चाहिए।

चूँकि भाषाएँ हमको जोड़ती हैं, मिलाती हैं, एक करती हैं, समृद्ध बनाती हैं। अतः हमें उससे निरन्तर जुड़े रहना चाहिए। यह सच्ची देशभक्ति है, देश प्रेम है। हम भारतवासियों को अब उदासीन न रहकर हिन्दी को विश्व मंच पर स्थापित करने का पुरजोर प्रयास करना चाहिए।

जय हिन्द, जय हिन्दी, जय भारत।

## Women Empowerment

Ravi Gupta  
Department of Business Administration

The subject of empowerment of women has become a burning issue all over the world including India for last few decades. Women empowerment means empowering the women to take their own decisions without interference of anyone and to become self dependent. Empowerment of women leads them to be independent in all the aspects from decisions, mind, rights, thought, vision, etc by leaving all the traditional and orthodox customs and taboos. The main motto behind women empowerment is to make them equal to men. Women empowerment is very important for the brighter future of the family, society and country as a whole. Women need surroundings in which they can take their own decisions in every area whether for themselves, family, society or for the country. Women empowerment is an essential tool to achieve growth and development of the country.

India is a very famous country known for its cultural heritage, rich traditions, customs, religion, civilization, and geographical features from the ancient time till now. On the other hand, it is also popular as a male dominating country. Women constitute almost 50% of the population in India so to make this country a fully powerful and developed one, women empowerment is necessary. Women in India are always subjected to the honour killings and they have never been given their basic rights of proper education, freedom, growth etc. They have been facing violence and abuse in the male dominated society. According to the Global Gender Gap Index, India needs to take some advance steps to improve the women's position in the society through initiatives for providing proper health, economic participation and higher education. The step towards Women empowerment needs to be at rigorous pace rather than at snail speed.

The real meaning of the women empowerment lies in giving better education, making them independent and developing capability so that they can take their own decisions in every field. Upliftment of women in all arenas should be the top priority of the nation. Unequal status of men and women in the society gives rise to lots of problems which become a big obstacle in the path of success of a nation. It is the birth right of the women to enjoy equal status in comparison to men in the society. They should be involved in every activity instead of only being involved in the household works and family responsibilities. They are in much better position than men to deal with certain problems in the society. They can better understand the adverse effect of overpopulation on their family and country. Women are capable enough to handle any kind of violence in comparison to the men whether in the family or in the society.

Therefore, if we want to make our country a developed country, first of all it is very necessary to empower women by the efforts of men, government, laws and women too. Empowerment of the women would automatically bring empowerment of everyone.