



S. S. Jain Subodh P.G. College (Autonomous), Jaipur

SYLLABUS

**THREE YEAR UNDERGRADUATE PROGRAMME IN
ARTS/SCIENCE/COMMERCE**

Subject/Discipline: Sociology Value Addition Course

As per NEP- 2020

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Value Added Courses
Scheme of Examination

Non-credit course

Total of End Sem. Exam -	50
Internal Assessment -	Nil
Maximum Marks -	50
Minimum Marks-	20

Examination Question Paper Pattern for Value Added Course

30 marks Objective/Multiple Choice/One word type questions

20 marks Project work/Assignment/ Class test/ Practical/Field work/Project report etc.

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S.S.JAIN SUBODH P.G. (AUTONOMOUS), COLLEGE, JAIPUR
VALUE ADDED COURSE
Food and Culture

Hours: 30

Course Objectives

- To understand the social, factors influencing food habits and practices in diverse Indian cultures.
- To analyze the fusion of traditional Indian food with modern food trends.
- To examine the significance of food in rituals, festivals, and daily life within various Indian communities.

Course Outcome

Upon completion of this course on Food and Culture in Indian Society, students will gain comprehensive insights into the diverse food culture of India. The course will provide a foundation for appreciating the cultural nuances associated with food and empower students to engage in in-depth research and analysis in the field of Indian food and culture.

Syllabus-

UNIT I

(25 Hours)

Introduction and Definition of Indian Food Culture. Food Traditions in Northern, Southern, Eastern, Western and Central Zones. Influence of Religion and Festivals on Indian Food. Traditional Cooking Techniques and Ingredients.

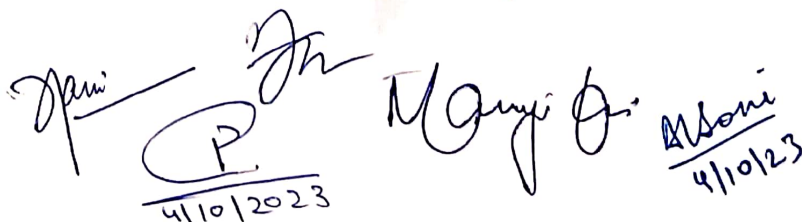
UNIT II

(25 Hours)

Gender Roles in Indian Kitchens. Street Food Culture in Different Indian Cities. Impact of Globalization on Indian Food Industry. Street Food Culture in Different Indian Cities. Food Habits. Government Food Programme and the Role of Food Laws.

REFERENCE BOOKS

- "The Omnivore's Dilemma. A Natural History of Four Meals" by Michael Pollan (2006)
- "The Sociology of Food and Agriculture" edited by Michael Carolan (2016)
- "Cuisine and Culture: A History of Food and People" by Linda Civitello (2007)


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- "Food in World History" by Jeffrey M. Pileher (2006)
- "Eating Culture: An Anthropological Guide to Food" by Gillian Crowther (2013)
- "Food and Culture: A Sociological Approach" by Kathryn P. Medico and Thomas M. Painter (2008)

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S.S.JAIN SUBODH P.G. (AUTONOMOUS), COLLEGE, JAIPUR

VALUE ADDED COURSE

Women and Society in India

Hours: 30

Course Objectives

- To familiarize students with the specific cultural contexts of women in India.
- To orient the students regarding Theories of Gender Relations, Position of Women in India Society.

Course Outcome

The students will enhance knowledge about the women empowerment measures, its role in raising status and understanding the importance of awareness regarding women health, and rights at workplace , supporting for development of women.

Syllabus-

UNIT I

(15 Hours)

Women's position from Vedic times to the present, Social construction of gender and gender roles, Socialisation- agencies of socialization, Women in family – Marriage, Empowerment measures, Women and globalization.

UNIT II

(15 Hours)

Health Issues of Women in India: Health Problems, Maternal Health, Maternal Mortality, Women at the workplace, Changing working conditions and work place related issues. Sexual Harassment of Women at Work Place (Prevention, Prohibition and Redressal Act 2013- (Vishakha Judgement).

REFERENCE BOOKS

- Altekar, A.S. The Position of Women in Hindu Civilization, Delhi: Motilal Banarasidass, 1983.
- Desai, N and M. Krishnaraj. Women and Society in India. Delhi: Ajantha, 1987.
- Forbes, G.. Women In Modern India. New Delhi: CUP, 1998
- Sharmila Rege. Sociology Of Gender London: Sage, 2003.

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