

S.S. JAIN SUBODH P.G. COLLEGE, JAIPUR

VALUE-ADDED COURSE

COURSE TITLE: FOOD AND CULTURE

NODAL DEPARTMENT: SOCIOLOGY

COURSE CODE: 23VAC_5106T

MARKING SCHEME

Tutorial (Hours)	Time Allowed ESE (Hrs)	Course Credits	Total Marks	End Semester Exam (Max. Marks)	Assignment	Minimum Marks
30	2	2	50	35	15	20

COURSE OBJECTIVES:

1. To understand the social, factors influencing food habits and practices in diverse Indian cultures.
2. To analyze the fusion of traditional Indian food with modern food trends.
3. To examine the significance of food in rituals, festivals, and daily life within various Indian communities.

COURSE CONTENTS:

Introduction and Definition of Indian Food Culture. Food Traditions in Northern, Southern, Eastern, Western and Central Zones. Influence of Religion and Festivals on Indian Food. Traditional Cooking Techniques and Ingredients.

(15 Hours)

Gender Roles in Indian Kitchens. Street Food Culture in Different Indian Cities. Impact of Globalization on Indian Food Industry. Street Food Culture in Different Indian Cities. Food Habits. Government Food Programme and the Role of Food Laws.

(15 Hours)

SUGGESTED READINGS:

1. The Omnivore's Dilemma: A Natural History of Four Meals" by Michael Pollan (2006)
2. The Sociology of Food and Agriculture" edited by Michael Carolan (2016)
3. Cuisine and Culture: A History of Food and People" by Linda Civitello (2007)
4. Food in World History" by Jeffrey M. Pilcher (2006)
5. Eating Culture: An Anthropological Guide to Food" by Gillian Crowther (2013)
6. Food and Culture: A Sociological Approach" by Kathryn P. Medico and Thomas M. Painter (2008)

COURSE OUTCOMES:

On successful completion of the course the students will be able to:

1. Upon completion of this course on Food and Culture in Indian Society, students will gain comprehensive insights into the diverse food culture of India.
2. The course will provide a foundation for appreciating the cultural nuances associated with food and empower students to engage in in-depth research and analysis in the field of Indian food and culture.



(Prof. K. B. Sharma)

Principal



Head of the Department