

S. S. Jain Subodh P.G. College, Jaipur
(Autonomous)

SYLLABUS



(Three / Four-Year Undergraduate Program)

B.A. / B.Sc.

Subject/Discipline: Psychology

I & II Semester Examination 2025-26

As per NEP-2020

Program Specific Outcomes (PSOs)

After completion of the program, the student will be able to:

PSO1: Develop sound knowledge about the fundamental concepts in Psychology related to various subfields of Psychology.

PSO2: Develop critical thinking skills and distinguish between concepts studied in different courses.

PSO3: Apply appropriate concepts and methods of Psychology to solve problems.

PSO4: Develop positive attributes such as empathy, compassion, effective communication skills, like listening, speaking, and observational skills.

PSO5: Be committed towards the health and well-being of different stakeholders.

PSO6: Appreciation and tolerance towards different behavioural patterns.

PSO7: Analyze different cognitive aspects of human behavior.

PSO8: Develop a strong theoretical foundation of research methodology used in Psychology and apply the knowledge to conduct research ethically.

B.A. /B.Sc. Psychology Syllabus Semester Scheme

Eligibility -

10+2 with 48% from Rajasthan Board / CBSE from Rajasthan state and 60% for CBSE or any other equivalent recognized Board from other state.

Examination Scheme -

70% weightage for End of Semester Exam (EOSE) and 30% weightage of Continuous Internal Assessment (CIA).

Passing Marks –

40% marks in each paper/ subject, including sessional/CIA and EOSE, put together.

The ability enhancement course (AEC), which are in Hindi and English, may be incorporated in both the semester I and II.

The Skill Enhancement Course (SEC) is incorporated in Semester III-VI.

Total marks for a course/subject: 150

Practical Max Marks: 50 (Internal: 20 Marks + External: 30 Marks)

CIA Max Marks: 30 (10 marks: Mid Term -2 Units, 10 marks: Assignment, 10 Marks: DECA)

EoSE Max. Marks: 70

The question paper (EoSE -End of Semester Examination) will consist of two parts, A & B

Part A: 14 Marks

Part A will be compulsory having 10 very short answer-type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B: 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5. There will be one question from each unit with an internal choice. Each question will carry 14 marks.

B.A./ B.Sc. Psychology

Semester- I

Introduction to Psychology

Paper Code: BAPY101/BSPY101

1 Credit – 25 Marks
4 Credits – 100 Marks
Question Paper: 70 Marks
Internal Assessment: 30 Marks

Objective –

1. To understand the meaning, goals, history and different methods of psychology.
2. To get information about neurons and to explore the structure and functions of the central nervous and peripheral nervous system.
3. To learn about the meaning, nature, types, and theories of motivation and emotion.
4. To comprehend the definition, types, theories, and assessment Methods of personality.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to:

1. Develop an understanding of the epistemology of psychology
2. Analyze and appreciate psychology as a science and its biological basis.
3. Apply the principles of major concepts of psychology, such as motivation and emotion.
4. Develop an understanding of different theories and methods to study personality.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A: 14 Marks

Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B: 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5.

There will be one question from each unit with internal choice. Each question will carry 14 marks.

Unit – I

Introduction: Definition and Goals of Psychology; Schools of Psychology-Structuralism, Functionalism, Behaviourism, Gestalt and Psychoanalysis; Modern Perspectives-Biological, Psychodynamic, Behavioural, Cognitive, Humanistic, Evolutionary, and Socio-cultural; Methods-Observation, Case Study, Survey and Experimental Method.

Unit – II

Biological Basis of Behaviour: Structure and Functions of Neuron, Structure and Functions of the Central Nervous System, and the Peripheral Nervous System. Role of Neurotransmitters and Endocrine Glands in Behaviour.

Unit – III

Motivation and Emotion: Motivation: Meaning and Approaches-Instinct, Drive-Reduction, Arousal, Incentive, and Humanistic. Emotion: Elements-Physiology, Expression, and Subjective Experience; Theories-Cannon-Bard, James-Lange, Schachter-Singer, Opponent-Process Theory.

Unit – IV

Personality: Definition; Type Theories- Sheldon, Kretschmer, and Jung; Trait Theories- Allport, Cattell, McCrae, and Costa; Personality Assessment- Self-report Inventories, Projective Tests, and Behavioral Assessments.

References

1. Psychology, Baron, R.A. & Misra, G. (2023) New Delhi: Pearson Education India.
2. Psychology, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
3. Introduction to Psychology, Okon, Abigail Edem (2019), University of Calabar.
4. Introduction to Psychology, Morgan, C.T., King, R.A., & Schopler, J. (2004) New Delhi: Tata McGraw Hill.
5. Understanding Psychology, Kalat, J.W. (2016). New York: Cengage Learning.

B.A. / B.Sc. Psychology
Semester- I
Practical -I

Paper Code: BAPY151/BSPY151

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance, and different methods of studying psychology.
2. To get information about various tests of Personality assessment.
3. To gain an understanding of the experimenting/testing of pathological traits of personality.
4. To learn about the procedure and relevance of the Observation technique.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to-

1. Understand different steps of Report Writing.
2. Understanding scientific method for the solution of psychological problem.
3. Knowledge of various psychological experiments and test in any situation.
4. Develop the skills for administering and interpreting various tests.

Psychology Lab

1. Steps of Report Writing (Test and Experiment)
2. PersonalityAssessmentthroughHSPQ
3. EysenckPersonalityQuestionnaire-Revised
4. MeasurementofEmotionsbyFacialExpression
5. NeuropsychologicalAssessment
6. SentenceCompletionTest
7. LevelofAspiration
8. ObservationMethod

B.A./ B.Sc. Psychology

Semester- II

Basic Cognitive Processes

Paper Code: BAPY201/BSPY201

1 Credit – 25 Marks

4 Credits – 100 Marks

Question Paper: 70 Marks

Internal Assessment: 30 Marks

Objective –

1. To understand the meaning, nature, and principles of attention, sensation, and perception.
2. To understand the nature and different theories of learning and also to explore the meaning, types, and models of memory.
3. To gain information about thinking and problem-solving behavior.
4. To understand the meaning, nature, and assessment methods of intelligence.

Learning Outcomes/ Course Outcomes –

By the end of the course, students will be able to:

1. Analyze and understand the concepts of sensation, attention, and perception and their role in day-to-day life.
2. Critically analyze the concepts and theories related to learning and memory.
3. Develop an understanding of processes related to thinking and problem-solving.
4. Comprehend the concept and understanding of intelligence and its measurement.

Marks distribution in the Question Paper:

The question paper (EoSE -End of Semester Examination) will consist of two parts A & B

Part A : 14 Marks

Part A will be compulsory having 10 very short answer type questions (with a limit of 20 words) of two marks each and candidate can attempt any seven questions.

Part B : 56 Marks

Part B of the question paper shall be divided into four units comprising question number 2-5.

There will be one question from each unit with internal choice. Each question will carry 14 marks.

Unit- I

Attention, Sensation, and Perception: Attention-Meaning and Nature; Sensation-Meaning, Sensory Receptors, Sensory Thresholds, Habituation, and Sensory Adaptation. Perception-Meaning, Constancies-Size, Shape, and Brightness, Gestalt Principles, Factors Influencing Perception.

Unit-II

Learning and Memory: Definition and Theories-Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning; Memory: Definition; Encoding, Storage and Retrieval Processes; Models: Level of Processing, Parallel Distributed Processing and Information Processing- Sensory, Short-Term and Long-Term Memory; Forgetting-Nature and Causes.

Unit-III

Thinking and Problem-Solving: Mental Imagery and Concepts: Nature and Types; Problem Solving-Trial and Error, Algorithms, Heuristics, Insight; Barriers to Problem-Solving.

Unit-IV

Intelligence: Definition, and Theories of Intelligence -Binet, Spearman, Thurstone, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests: Nature and Types.

References

1. Psychology, Baron, R.A. & Misra, G. (2023)., New Delhi: Pearson Education India.
2. Psychology, Ciccarelli, S.K., White, J.N. & Misra, G. (2022). New Delhi: Pearson Education
3. Introduction to Psychology, Okon, Abigail Edem (2019), University of Calabar.
4. Introduction to Psychology, Morgan, C.T., King, R.A., & Schopler, J. (2004) New Delhi: Tata McGraw Hill.
5. Understanding Psychology, Kalat, J.W. (2016). New York: Cengage Learning.

Semester- II

Practical -II

Paper Code: BAPY251/BSPY251

1 Credit – 25 Marks

2 Credit – 50 Marks

Internal Examination: 20 Marks

External Examination: 30 Marks

Objective –

1. To understand the nature, significance, and different methods of studying cognitive processes.
2. To get information about various tests of Intelligence assessment.
3. To gain an understanding of experimenting with the principles of attention, perception, and memory.
4. To learn about the procedure and relevance of the Interview technique.

Learning Outcomes/ Course Outcomes –

By the end of the Course, Students will be able to:

1. Explore and comprehend the concepts, principles & methods of cognition.
2. Expanded knowledge of various assessment procedures.
3. Understand and application of psychological principles, theories & methods of different psychological areas (like learning, memory, etc.), to understand the complexity of human behavior.
4. A wide array of analytical techniques is learnt and their application methods.

Psychology Lab

1. Figure-Ground Reversal Experiment
2. Span of Attention Experiment
3. Problem-Solving Experiment
4. Human Maze Learning
5. Experiment of Memory (Meaningful and Non-Sense Syllables using Memory Drum)
6. Measurement of Intelligence –SPM
7. Performance Test of Intelligence (Bhatia Battery)
8. Interview Method

